

## **COLCANNON**

### **Ingredients**

6-8 med. potatoes, peeled and quartered  
4 c. cabbage, chopped  
1 c. chopped onion  
1/2 c. butter  
1/2 to 3/4 c. milk  
1 tsp. salt  
1/8 tsp. pepper  
1 tbsp. parsley

### **Directions**

Cook potatoes in water until tender; drain.

Cook cabbage in small amount of boiling water for 15 minutes; drain.

Mash potatoes adding 1/4 butter and milk.

Sauté onions in 1/4 butter, when tender stir in cabbage and potatoes.

Diced cooked ham or Canadian bacon may also be added.

\* A good way to use any leftover mashed potatoes and cabbage.